

LASER TATTOO REMOVAL IMPORTANT TIPS & AFTER CARE

At Clearly You, we can promise safe and effective results for your skin – but none of that matters if the treated site is not properly taken care of after each session. We cannot stress enough how important aftercare is. Proper aftercare is necessary to achieve flawless results and avoid infection or other unwanted side effects.

Follow These Simple Aftercare Instructions to Ensure Your Skin Heals Safely & Effectively

- Keep the treated area dry and clean during the healing process. Use soap and water to gently cleanse the area and then pat to dry.
- Avoid soaking the treated area in water. This includes avoiding baths, pools, lakes, etc. Showers may be taken as long as the treated area is not being hit with high-pressure water.
- Blisters and scabs are very common side effects. Blisters may be unsightly but do not be alarmed. Blisters are a normal part of the healing process and heal very well on their own.
- DO NOT pick any scabs or rupture any blisters. Doing so may cause more serious unwanted side effects. If a blister ruptures naturally on its own, apply an antibiotic ointment to the site until the skin has healed.
- Avoid all sun exposure and do not use any tanning or bronzers products. Wear appropriate clothing or a bandage to avoid the sun. Once the overlying skin is healed, apply sun block everyday to the treated area.
- Shaving should be avoided until the treated area has completely healed.
- If itchiness or inflammation occurs, apply an antibiotic ointment such as Aquaphor, Neosporin, or Vitamin E oil.
- You may take Tylenol to help alleviate any discomfort. AVOID taking aspirin as it may increase your chances of bruising or bleeding.
- Exercise daily, drink plenty of water, and massage the area surrounding the treated site to boost blood flow and boost your immune system.

If you have any additional questions or concerns or experience any unusual discomfort, please contact our office immediately.